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September 2014

Dear friends,

Who is your measuring stick?

For the past couple of years our church, here in Switzerland, has run a program in late summer / early fall to compliment the house Bible study groups that start meeting once it finishes. In our last study, with a small group, one of the discussion questions was: In the following areas of life who is your measuring stick?

I (Frederick) think that is a very good question that we should ask ourselves. The media of today tries to get us use their measuring stick. Advertisers want to use their measuring stick. Entertainment wants to be our measuring stick

Jesus should be our measuring stick. He is the one that we should measure up to. It is easy to be better than a fellow human being, but they are not God's measuring stick, nor should they be

We should be trying to measure up to Jesus so that others can us use as their measuring stick. Paul said follow me as I follow Christ. Paul was trying to measure up to Jesus Christ so that others could use him as a measuring stick. 25 -

should 24 look at us and say Non-Christians their measuring stick is different. Why is that? What makes them different? Other Christians should look at us and want to be more like Christ as we act like him. How are you measuring up? Ask God today to help you to measure up and be His measuring stick!

Frederick's Checkup

In July I went for another medical checkup. I have been doing these regularly since I had the giant cell tumor and the hip-joint replacement thereafter. After an MRI, x-rays, and a CAT scan of my lungs the doctors say that everything looks good. Praise God!

MEOS Retreat

Each year at the beginning of September is MEOS' staff retreat. It is a time where we can step back from the hustle and bustle of our work. We had times of prayer and praise and worship. This



year time was devoted to getting to know each other better, as many of us work separately.

A pastor spoke to us about "When things don't happen the way I planned". Another speaker helped us to turn a magnifying glass or maybe even a microscope on MEOS and examine what we were doing and how we could do better. A lot of information was generated in these good sessions. This was given to the leadership of MEOS. Please pray for wisdom for the MEOS leadership as they examine it and plan the way forward.

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Update on Gjevalin

In my last prayer letter I asked you to pray for Gjevalin Kabashi who has Hodgkin and non-Hodgkin lymphoma. Before the MEOS retreat we heard that Gjevalin's doctor was no longer treating the lymphoma but treating his symptoms. He is in a lot of pain. Please pray for Gjevalin and his family.

Drupalcon Amsterdam

At the end of September I will be traveling to Amsterdam for the European Drupalcon. This is a conference for people that work with Drupal the content management system (CMS) that I use to build

websites. Each time I go I learn so many things. It

is also inspiring to be there. Things that I did not know about come to light. I end up using these on the websites AMSTBROAM that I work on. Pray for me as I go that I will be able to learn many things that can be used in my work and for traveling mercies.



Oliver and Alice

Oliver is in his last year of high school. He is busy finding an apprenticeship for next year as a design engineer. He has put in applications at a number of places and has scheduled a few trial apprenticeships (2 or 3 days long) to better get to know the companies and for them to get to know

him better too. He has also been working with a 3D CAD (3 Dimension Computer Aided Design) program on the computer at home.

Alice is in her next to last year in high school. She is also looking at different options for further study, but is not sure what yet.

Pray for both Oliver and Alice that God would guide them in His plan for their future.

A Day off in the Mountains

Recently Marlies and I were able to take a day to go hiking in the Bernese alps in Switzerland. We went to the Schynige Platte, which has nice views to the famous Swiss trio of mountains, Eiger, Mönch and Jungfrau. Here are a few pictures for you to enjoy from our day trip.





