Frederick & Marlies Henderson Wetzikerstrasse 25 CH-8344 Bäretswil Switzerland frederickjh@henderson-meier.org 1 (724) 726-1460 Home (VoIP) +41 32 510 11 63 Home







September 2019

Dear Friends,

My favorite time of year, high summer has come and gone. It has been a fun summer in the garden and once again the pumpkins / squash have taken over!

Sowing Seeds in Our Lives

I still find it amazing that from such little things can come large things. Seeds are such little things. Now pumpkin seeds are not the smallest but they seem to be one of the most vigorous. This year I started a few from seeds. Marlies got a few plants given to her by a cousin that started them from seeds. We also had a few that started on their own, some in the garden and some in other places in the yard.

Seeds can represent the start of something bigger. In our lives some times we plant the seeds and nurture them, other times someone else nurtures them into plants before handing them over to us and other times they seem to spring up in unexpected places, where we did not plant nor nurture.



Pumpkins growing out of the garden and raised bed; Inset: Our first Lunga de Napoli squash this year

Sometimes God gives us seeds. Desires, skills, longings, maybe even dreams. This could be a desire to know His word the Bible better, technical skill, etc. If we plant and nurture them, they will grow.

Sometimes God uses other people to plant seeds and nurture them in our lives. It may be a word of encouragement like what Marlies' aunt Dora said to her before her time on Bonaire.



Volunteer pumpkins by the chicken coop

Other times the seeds spring up in our lives in places that we did not expect and maybe were not even aware of like, the volunteer pumpkins we have this year in the garden, yard and by the chicken coop.

The way the seed starts may be different, but one thing is the same: At some point we have to embrace the seed and nurture it, making it our own. So that it becomes our calling, mission, vision and work.

Be open and ready for the "seeds" that God is bringing into your life to guide you in His perfect plan.

No longer homeless

Ten years ago one hardly knew any Afghan or Iranian Christians with an Islamic background in Switzerland. Now there are discipleship weekends for them in Switzerland, in which about 50-80 Afghans and Iranians take part three times a year. This June a weekend like this took place for the third time in 2019, in Baar ZG. The aim is to promote fellowship among each other and to encourage the participants in their faith.

How is it that so many people from a Muslim country suddenly follow Jesus? Each person has their own story.

A young man says that he became a Christian after many conversations with a Swiss Christian only two days before this weekend. Since then, God has encouraged him in his dreams. For example, he dreamed that he saw his house in Afghanistan. He had a big house and a big garden. In the dream a

Please note: Donations for the Hendersons' work should be sent to **Interlink Ministries, Inc., PO Box 460, Apple Creek, OH 44606**. Please mark the memo line of your check **Frederick & Marlies Henderson**. If you would like to receive updates periodically via email, visit http://henderson-meier.org/update-signup to subscribe to our list or send us an email. If you would like to contact us by mail, please send mail directly to our Switzerland address above. Interlink Ministries does not forward mail.

storm came, and a huge wave destroyed everything he had. But he himself stood on a mountain. The waves could not touch him, for he stood high above on firm ground. Nevertheless, life for this person is full of challenges. There is endless hope and anxiety for a residence permit. Or the hard fight for a job. In addition, many are traumatized. They have lost their homeland, they have experienced terrible things. Some have been disowned by their families because of their faith. Let us pray for our Afghan and Iranian brothers and sisters in Switzerland! Let us pray that they will find a home here and that they will be able to trust in God in all uncertainty.

Moving Time for MEOS

MEOS has been looking for a new office this year. Lord willing the move will be in mid-October. Things are not yet finalized but we trust that God will help work out the details. Please pray for wisdom for the decisions that need to be made and safety in moving.

Family Update



Oliver successfully finished his apprenticeship as a design engineer. As I write this he is enjoying time with family in the USA and will return shortly to Switzerland.



Oliver with his Master (left) and fellow design engineers at the company celebration recognizing their completion



Alice continues into the third year of her apprenticeship as a fine carpenter. Pray for her as she continues to study. This year she has some major tests (mid-apprenticeship) that she must pass to finish the apprenticeship.

Marlies continues to work part time at the nursing home here in Bäretswil as a cook. She takes good care of her mother, who will be 94 in January. Do pray for her.

Thanks for being an integral part of our ministry!



Frederick and Marlies Henderson

Prayer and Praise

- Praise that Oliver successfully completed his apprenticeship as a design engineer.
- Pray for Alice in her apprenticeship as fine carpenter with mid-apprenticeship tests coming up.
- Praise the Lord for allowing us to serve for almost 30 years in the ministry.
- Wisdom and guidance for MEOS regarding moving offices and to be able to settle in quickly.